

# New Adult Research Project



Action  
for ASD

ACTION FOR AUTISTIC SPECTRUM DISORDERS

Hi, my name is Emma and I am a Psychology Graduate. I have recently started working as a research officer based at Action for ASD and I am conducting an Aspergers Syndrome Adult Research Project. The work that I am doing is funded by the East Lancashire Primary Care Trust and is also supervised by a Consultant Clinical Psychologist for Lancashire Care Foundation Trust. The project is being conducted to help improve healthcare services available to adults who are on the autism spectrum within East Lancashire.

The research project will last for 2 years and will be split into three areas. Part one will assess how much healthcare professionals understand about autism and what training is needed so that they can provide a better service; part two will involve speaking to adults on the spectrum about their needs and issues they have accessing healthcare, this will also involve looking at services in other areas to see which types of services work well and which don't. Part three will be compiling an information resource for adults on the spectrum and their carers to provide a clear outline of services that are available and how to access them.

I am very excited about the project and I am committed to making this project as successful as it can be. In addition to full time study and work I have also been involved in working part time with the local youth offending team, and have worked as an online counsellor for young people. In my spare time I enjoy gardening and cooking (only things without meat or fish in as I'm a vegetarian), I also like to go swimming and shopping.

If you are an adult with AS or a parent or carer with AS and would like to be involved in the research or if you would just like to know more about the project please contact me, my email is [emma@actionasd.org.uk](mailto:emma@actionasd.org.uk) or you can call me at the Action for ASD office which is 01282 415 455.

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